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**Direct protein-lipid interactions shape the conformational landscape of
secondary transporters**

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20 **Abstract**

21

22 Secondary transporters undergo structural rearrangements to catalyze substrate
23 translocation across the cell membrane – yet how such conformational changes
24 happen within a lipid environment remains poorly understood. Here, we combine
25 hydrogen-deuterium exchange mass spectrometry (HDX-MS) with molecular
26 dynamics (MD) simulations to understand how lipids regulate the conformational
27 dynamics of secondary transporters at the molecular level. Using the homologous
28 transporters XylE, LacY and GlpT from *Escherichia coli* as model systems, we
29 discover that conserved networks of charged residues act as molecular switches that
30 drive the conformational transition between different states. We reveal that these
31 molecular switches are regulated by interactions with surrounding phospholipids and
32 show that phosphatidylethanolamine interferes with the formation of the conserved
33 networks and favors an inward-facing state. Overall, this work provides insights into
34 the importance of lipids in shaping the conformational landscape of an important
35 class of transporters.

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38

39 **Introduction**

40 Secondary membrane transporters play crucial roles in maintaining adequate
41 conditions for life by catalyzing uphill transport of biomolecules through the biological
42 membrane, using energy stored in transmembrane ions gradients. The majority of
43 known secondary transporters are grouped in the Major Facilitator Superfamily
44 (MFS), which represents the largest evolutionary related family of transporters¹. This
45 family comprises many disease-related human transporters². For example, the GLUT
46 sugar transporters are involved in cancer metabolism³ and malfunction of the
47 glucose-6-phosphate transporter G6PT is associated with glycogen storage
48 disease⁴. Despite functional diversity, the architecture of MFS transporters is
49 remarkably well conserved, which suggests that key mechanistic features are
50 maintained within the family⁵. These proteins are dynamic entities, coupling opening
51 on one side of the membrane with closing on the opposite side to provide alternate
52 access to a central substrate binding site⁶. The typical structural fold of the
53 transporters contains 12 transmembrane helices (TMs) arranged in two pseudo-
54 symmetrical six-helical bundles, the N- and C-lobes, rocking back and forth to allow
55 substrate translocation⁷. Recently, high-resolution crystal structures have provided
56 invaluable molecular insights into the alternating-access mechanism of MFS
57 transporters by unveiling various conformational states ranging from outward-facing
58 (OF) to inward-facing (IF)^{8,9,10}.

59 Despite the wealth of information offered by atomic-resolution structures, they
60 can only give very limited information on the important role that the lipid environment
61 plays in the molecular mechanism of transport. Recent studies have shown that the
62 biophysical properties of the membrane and lipid-protein interactions play a crucial
63 role in modulating the function^{11,12}, structure¹³, stability¹⁴⁻¹⁶, oligomeric state^{17,18} and

64 conformational dynamics^{19,20} of transporters. Furthermore, the static structural
65 snapshots fail to report the dynamic interconversion between different conformers,
66 which underpins the transport cycle. Thus, a method that interrogates the
67 conformational dynamics within a lipid environment is required to gain fundamental
68 insights into the mechanism of membrane transport.

69 Recently, hydrogen-deuterium exchange mass spectrometry (HDX-MS) has
70 emerged as a powerful technique to monitor the conformational dynamics²¹ of
71 membrane proteins in various membrane mimics such as detergent micelles^{22,23},
72 bicelles²⁴, native lipid nanodiscs (SMALPs)²⁵ and artificial lipid nanodiscs²⁶ as well
73 as liposomes²⁷. HDX reports the exchange of labile amide hydrogens on the protein
74 backbone in the presence of bulk deuterium²⁸. When coupled to enzymatic digestion
75 and followed by liquid-chromatography mass spectrometry (LC-MS) analysis of the
76 resulting peptides, this technique allows deuterium uptake to be mapped at a peptide
77 level of resolution. The most insightful information stems from differential
78 measurements of relative deuterium uptake, obtained by comparing two different
79 protein states. Significant differences in deuterium uptake between two distinct
80 conditions (e.g. mutant and wild-type protein) are mapped onto a 3D protein
81 structure of allowing visualization of the changes in structural dynamics²⁹. A major
82 advantage of this methodology is that it enables conformational characterization of
83 proteins in solution without requiring covalent modification of the target,
84 circumventing labelling issues that arise in many biophysical studies. A recent study
85 on the neurotransmitter LeuT combined HDX-MS in nanodiscs with molecular
86 dynamics (MD) simulations to identify dynamic changes in key structural elements
87 demonstrating the successful application of this method to membrane proteins³⁰.

88 However, no study yet has used HDX-MS to study the role that lipids have on the
89 conformational dynamics of transporters.

90 Here, we describe the systematic investigation of the conformational
91 landscape of three well-characterized transporters: lactose permease LacY, xylose
92 transporter XylE, both symporters, and glycerol-3-phosphate antiporter GlpT, all from
93 *Escherichia coli*. We chose these three targets due to the availability of their crystal
94 structures^{9,31,32} and the potential insights our results could provide into the
95 mechanism of their mammalian counterparts. GlpT and XylE are bacterial homologs
96 of the mammalian transporters G6PT and GLUT1 respectively, and LacY is selected
97 as it represents the most extensively characterized secondary transporter to date³³.
98 Our HDX-MS experiments in detergent micelles identify cytoplasmic charge
99 networks of amino acids that act as molecular switches controlling the
100 conformational equilibrium, through a mechanism conserved across all three
101 transporters. Combining MD simulations and HDX-MS experiments of XylE and
102 LacY embedded in nanodiscs of different lipid compositions, we show that
103 phosphatidylethanolamine (PE) modulates the conformational equilibrium between
104 OF and IF states through interactions with the identified networks of charged
105 residues. Overall, this work suggests a model of secondary transport in which
106 interactions between lipids and protein at conserved charge networks control the
107 conformational equilibrium.

108

109 **Results**

110 **HDX-MS reports on conformational changes of transporters**

111 An important prerequisite to our mechanistic investigation was to ensure that
112 HDX-MS can consistently report on changes in the conformational equilibrium of
113 different MFS transporters. To validate our methodology, we shifted the
114 conformational equilibrium towards outward-facing (OF) conformers by introducing a
115 bulky tryptophan in place of a conserved glycine on the extracellular side between
116 helix 2 and 11 (**Fig.1a and Supplementary Fig.1**). This approach was successfully
117 utilized in the first high-resolution structure determination of LacY in an OF
118 conformation³⁴. We measured the difference in relative deuterium uptake (Δ HDX)
119 between the mutants LacY G46W, XylE G58W, and GlpT G66W and the respective
120 wild-type (WT) transporter in detergent micelles (**Fig. 1b and Supplementary Figs.**
121 **12, 13**). Only the peptides displaying a significant Δ HDX (99% confidence interval)
122 were kept for downstream analysis (see **Methods**). By mapping the Δ HDX values on
123 the crystal structure of each transporter, we observe that peptides from the
124 intracellular and the extracellular sides display opposite deuterium uptake profiles.
125 Regions on the extracellular side of all three mutants take up more deuterium
126 compared to the wild-type, whereas regions on the intracellular side are
127 comparatively protected from deuterium exchange. This pattern is consistent with a
128 shift in the conformational equilibrium towards an OF-state and shows that HDX-MS
129 can report on changes in the conformational equilibrium of MFS transporters within
130 the framework of the alternating-access mechanism.

131 **Conserved charge networks control the conformational shift**

132 We then set out to identify molecular switches regulating the conformational
133 transition between IF and OF conformations. The most conserved sequence motif of
134 the MFS family, originally termed motif A³⁵, is the central point of charge-relay
135 networks present on the intracellular side (**Fig. 2a and Supplementary Figs. 2, 3**).
136 Previous structural and biophysical studies have suggested that these charge
137 networks play a role in stabilizing the OF conformation³⁶⁻³⁸. To understand how this
138 motif regulates transporter dynamics we disrupted the charge-relay networks while
139 minimizing steric perturbation by introducing conservative mutations of its acidic
140 residues. We produced the following mutants: D68N and E139Q for LacY, D337N,
141 E397Q and E153Q for Xyle and D314N and E374Q for GlpT and subjected them to
142 differential HDX-MS measurements using the respective WT transporter as the
143 control. Interestingly, our Δ HDX maps show that all mutations trigger increased
144 deuterium uptake on the intracellular side coupled to decreased uptake on the
145 extracellular side (**Fig. 2b, c, d**). These patterns indicate that the IF conformation is
146 favored in the presence of these mutations. These results strongly suggest that the
147 conserved networks on the intracellular side play a role as conformational molecular
148 switches.

149 Another characteristic feature of secondary MFS transporters is the presence
150 of conserved charged residues within the transmembrane region (**Supplementary**
151 **Fig. 3**). Previous functional characterization of the residues D27 for Xyle⁹, E325 for
152 LacY³³ and E299 for GlpT³⁹ showed that they are essential for transport but not for
153 substrate binding, which suggests that they are likely to play a role in structural
154 rearrangements enabling alternating-access. We mutated each carboxylate residue
155 into its amine equivalent (i.e D27N for Xyle, E325Q for LacY and E299Q for GlpT)
156 and monitored the changes in deuterium uptake compared to the respective WT

157 transporter using differential HDX-MS. In contrast to our previous results, the three
158 transporters displayed different conformational responses (**Supplementary Fig. 4**).
159 The Δ HDX map of GlpT suggests that the perturbation of the salt-bridge between
160 E299 and K46 caused a shift towards OF conformation (**Supplementary Fig. 4a**).
161 Δ HDX maps of XylE and LacY indicate a closing of the extracellular side which is not
162 coupled to an opening on the intracellular side (**Supplementary Fig. 4b, c**). Such
163 independent rearrangements at both sides of the transporter has already been
164 suggested for LacY⁴⁰ and may indicate a mechanism shared by other MFS
165 transporters.

166 Together, these results underline the complexity of the molecular mechanisms
167 involved in the conformational changes over the course of the transport cycle. The
168 disruption of the extracellular salt-bridges causes a variety of structural responses,
169 which may reflect the differences in energetics between the antiporter GlpT and the
170 symporters XylE and LacY. In contrast, the disruption of the cytoplasmic charge-
171 relay networks consistently opens the intracellular side, independent of the
172 transporter type or specific function.

173 **Lipids modulate the conformational equilibrium**

174 Having established that disruption of conserved cytoplasmic charge networks
175 triggers a conformational transition towards the IF state, we investigated the role of
176 specific lipid-protein interactions in regulating this transition. A previous study on the
177 MFS multidrug transporter LmrP suggested that a direct interaction between
178 phosphatidylethanolamine and a conserved cytoplasmic network facilitated the
179 conformational transition between IF and OF states¹⁹.

180 Building upon this knowledge, we characterized the conformational shifts of
181 XylE in nanoscale soluble phospholipid bilayers (nanodiscs) composed of two
182 different lipid environments: a) phosphatidylethanolamine (PE), phosphatidylglycerol
183 (PG) and tetraoleyl cardiolipin (CL), or b) phosphatidylcholine (PC), PG and CL, both
184 in a 7:2:1 ratio. The first resembles the native lipid composition of the *E. coli*
185 membrane⁴¹ and the second contains the non-native PC lipid and is used as a
186 control. We utilized 1,2-dioleoyl-sn-glycerol lipids in each nanodisc because they are
187 among the most abundant lipid types in bacterial membranes and they all have
188 transition temperatures below 0 °C, allowing for efficient reconstitution. Following
189 careful optimization of the HDX workflow (**Fig. 3a** and **Methods**), we obtained a high
190 level of sequence coverage in nanodiscs ranging from 76% up to 85%
191 (**Supplementary Fig. 5**). To demonstrate that the protein is functional when inserted
192 in the nanodiscs, we mapped Δ HDX in the absence and presence of the substrate
193 xylose, and repeated the experiment in detergent micelles. In both cases, the
194 presence of substrate shifted the conformational equilibrium toward the OF state
195 (**Supplementary Fig. 6**). The associated conformational changes confirmed xylose
196 binding and offered a good indication that the protein is folded and reconstituted. As
197 additional controls, we used thin layer chromatography to ensure that the nanodisc
198 reconstitution procedure does not select a specific lipid species (**Supplementary**
199 **Fig.7**) and native mass spectrometry to assess the absence of detergent trace in the
200 final nanodiscs samples (**Supplementary Fig. 8**).

201 Interestingly, we observe a decrease in deuterium uptake on the extracellular
202 side in the PE nanodiscs compared to the PC nanodiscs. This is coupled to an
203 increase in deuterium uptake on the intracellular side (**Fig. 3b**). Specifically, the
204 loops between TM1 and TM2, TM3 and TM4, and TM11 and TM12 on the

205 extracellular side and the loop between TM2 and TM3 on the intracellular side
206 displayed significant Δ HDX between the two lipid environments (**Fig.3 c-f**). This
207 Δ HDX profile suggests that the presence of PE favors the opening on the
208 intracellular side and closing on the extracellular side, promoting a shift towards an
209 IF conformation. To test the generality of such result, we carried out an identical
210 experiment using LacY. Similar to XylE, we observed an increase in deuterium
211 uptake on the intracellular side, coupled to a slight decrease on the extracellular side
212 in the PE nanodiscs compared to the PC nanodiscs (**Supplementary Fig. 9**). These
213 results indicate that the composition of the phospholipid headgroup significantly
214 affects the conformational equilibrium of both secondary transporters.

215 **MD simulations reveal direct lipid-protein interactions**

216 Having established that a change in the lipid environment modulates the
217 conformational dynamics of the transporters XylE and LacY, we set out to identify
218 the origin of such conformational regulation at a molecular level. We carried out all-
219 atom MD simulations of each transporter embedded in lipid bilayers of identical
220 composition to the nanodiscs used in our HDX-MS experiments. We performed two
221 sets of simulations of 500ns each (**Methods**), starting from the crystal structure of
222 XylE and LacY resolved in the inward-open conformation (PDB 4JA4 and 2CFQ
223 respectively) (**Fig. 4a and Supplementary Fig. 10**).

224 Interestingly, the MD simulations predicted direct interactions between the
225 lipid bilayer and the cytoplasmic networks identified as molecular switches (**Fig. 4b,**
226 **c**). The simulations of XylE in PE:PG:CL bilayers consistently showed PE interacting
227 with the networks, either by direct interactions of the PE headgroup with the acidic
228 residues E153 (**Fig. 4b,c and Supplementary Movie 1**) and D337 (**Fig.4c**) or by

229 steric interferences with the whole networks (**Fig.4c**). In contrast, no specific or non-
230 specific interactions between the protein and PC were observed. (**Fig.4c**). Similar
231 results were obtained for LacY where direct interactions between PE and the acidic
232 residue E139 were observed in PE but not in PC bilayers (**Supplementary Fig. 10**
233 **and Supplementary Movie 2**). Furthermore, the simulations of Xyle in PC:PG:CL
234 bilayers predicted a closing of the intracellular side of the protein. This
235 conformational change is initiated by the inward motion of TM2 and TM3 towards
236 TM10 and TM11 (**Fig. 5a**). Such a conformational change was not observed in PE-
237 based lipid bilayers. Specifically, in the last 200 ns of both simulations we observed
238 that the intracellular gates converge to a significantly shorter 9 Å distance in the
239 presence of PC but stay open at distance of ~ 13 Å in the presence of PE (**Fig.**
240 **5b,c**). This is in line with our HDX-MS observations showing that PE lipids shift the
241 conformational equilibrium towards an IF state. These observations suggest that the
242 lipid-induced conformational shift results from direct interaction of the conserved
243 cytoplasmic networks with PE.

244 We speculated that such an effect would be abolished or decreased if the
245 charge networks are already perturbed or disrupted. To test this hypothesis, we
246 reconstituted the Xyle mutants E153Q (disruption of network 1) and E397Q
247 (disruption of network 2) into nanodiscs containing either PE or PC and subjected
248 them to differential HDX-MS. The mutant Xyle E153Q did not show any significant
249 Δ HDX between the two lipid environments (**Fig. 6a**), confirming that the perturbation
250 of network 1 nullifies the PE induced conformational shift. The mutant Xyle E397Q
251 displayed no significant Δ HDX, with the only exception of the TM1-TM2 extracellular
252 loop, more exposed in PC-based nanodiscs (**Fig. 6b**). These experiments strongly
253 suggest that PE favors inward opening by perturbing the cytoplasmic charge

254 networks we evidenced. To further confirm that the conformational changes were
255 caused by direct lipid-protein-interaction and not differences in the curvature
256 properties of PE and PC, we performed differential HDX-MS measurements of XylE
257 in nanodiscs composed of DOPE with one methyl group on the amine headgroup
258 (DOPE(Me)₁:DOPG:CL) and in DOPC:DOPG:CL lipid nanodiscs. According to
259 previous work⁴², the curvature properties of DOPE decreases linearly with the
260 addition of each methyl group on the amine. Hence, the curvature properties of the
261 DOPE(Me)₁ nanodiscs should be comparatively closer to the DOPE than the DOPC
262 nanodiscs. If the observed shift in the conformational equilibrium is caused by a
263 difference in curvature properties, such shift should still be observed. However, our
264 HDX-MS experiments show that there is no significant difference in uptake between
265 the DOPC and DOPE(Me)₁ nanodiscs, which indicates that their conformational
266 landscape is identical (**Supplementary Fig.11**). Overall, the combination of Δ HDX
267 experiments and MD simulations in two lipid environments shows that the
268 conformational dynamics of a secondary transporter are controlled by specific lipid-
269 protein interactions.

270

271

272 Discussion

273 In this work, we identify conformational roles for the most conserved motif of
274 the MFS superfamily, occurring through specific lipid-protein interactions.
275 Furthermore, we show that Δ HDX measurements in nanodiscs of different lipid
276 compositions can be used to understand how specific lipid environments fine-tune
277 the conformational dynamics of transporters.

278 A number of independent studies have previously proposed that motif A
279 integrity is crucial to stabilize the OF conformation of MFS transporters through
280 conserved charge-relay networks^{37,38,43}. We demonstrate that the disruption of these
281 cytoplasmic charge networks by mutagenesis or the presence of specific lipids
282 systematically causes a shift towards the IF state (**Fig. 2b, c, d**), a finding consonant
283 with the proposed structural role of the A-like motifs. The conservation of A-like
284 motifs in MFS transporters from a variety of organisms suggests that the disruption-
285 reformation of these networks is likely to be a conserved mechanism driving
286 conformational transition⁴⁴.

287 A major finding of this study is the identification of direct lipid-protein
288 interactions between the charge-relay networks of MFS transporters and the amine
289 headgroup of the PE phospholipid. The synergistic power of MD and HDX-MS
290 revealed a key role for this interaction in the conformational regulation of Xyle and
291 LacY. Indeed, while differential HDX-MS experiments indicated a shift towards the IF
292 state in PE-based nanodiscs, MD simulations showed how the PE headgroup
293 promotes this conformation by preventing the contacts required for the
294 conformational transition. PE interacts with the intracellular ends of the so-called
295 gating-helices (TM5-TM8 and TM2-TM11) and hinders the formation of an N- and C-

lobe interface (**Fig. 4c**). Even more striking is the motion of the PE phospholipid inside the transporter, interacting directly with residues E153, R84 and D337 of XylE (**Fig. 4b,c and Supplementary Movie 1**). Similar direct interactions between PE and residue E139 of LacY (**Supplementary Fig. 10 and Supplementary Movie 2**) were also observed, in line with a previous computational study of LacY in different lipid environments⁴⁵.

These interactions shed light on the central role of these conserved charge-relay networks. Our study suggests that such networks are crucial not only in the stabilization of the OF state, but of the IF state as well. In this scenario, direct interactions between the PE headgroup and residues forming the networks stabilize the IF state. This hypothesis agrees with the findings of a previous study on the MFS transporter LmrP which used DEER spectroscopy to show that the conformational equilibrium was shifted towards the IF state in DOPE-based nanodiscs¹⁹. Furthermore, a number of studies have shown significant functional differences for the transporters LacY^{46,47}, MelB⁴⁸ from *E. coli*, LmrP⁴⁹ from *Lactococcus lactis*, and the branched-chain amino acid transport system of *Streptococcus cremoris*⁵⁰ reconstituted in PE- and PC-based liposomes. These studies all indicated that the presence of PE in the lipid bilayer improves transport efficacy. We speculate that these functional differences arise partly from a shift of the conformational equilibrium caused by the lack of PE. The absence of direct interactions between PE and the transporter would give rise to a conformational imbalance limiting transport turnover. However, long-range effects such as lateral pressure and membrane curvature are also present in liposomes and in vivo, and likely to affect function as well.

Our findings allow us to reconsider the current alternating-access model for MFS transporters. A comprehensive description of a transport cycle rests on the

321 ability to identify specific pathways along a free energy landscape that allow
322 interconversion between inward- and outward-facing conformations. Alongside other
323 studies, this work demonstrates that the depiction of such landscapes must account
324 for the role of the surrounding lipid environment. We propose an updated transport
325 mechanism that includes direct protein-lipid interactions, exemplified by the proton-
326 coupled symporter XylE and its interaction with PE (**Fig. 7**). Substrate (**Fig.7 – i**) and
327 proton (**Fig.7 – ii**) binding from the periplasm to the OF conformation initiates the
328 conformational transition towards an occluded state (**Fig. 7 – iii**). In the case of the
329 symporter XylE, our work and other studies⁵¹ suggest that proton binding at residue
330 27 will trigger the extracellular closing. The proton would then travel from residue 27
331 to one of the conserved acidic residues of the cytoplasmic charge networks and
332 disrupt the stabilizing charge networks (**Fig. 7 – iv**). The disruption of these networks
333 will trigger the opening of the protein on the intracellular side. The exposure to the
334 slightly basic intracellular pH will lead to spontaneous deprotonation and intracellular
335 proton release. Direct interactions between PE lipids and the charge networks will
336 stabilize IF conformation, thus facilitating substrate release into the cytosol (**Fig.7 –**
337 **v**). The apo transporter can transition back to an OF conformation and start a new
338 transport cycle (**Fig.7 – vi**). In secondary active transport, the substrate release and
339 subsequent conformational switch of the transporter after a complete cycle is the
340 rate-limiting step^{52,53}. Our model suggests that a balance between formation of a
341 charge network on the intracellular side (which favors the OF state) and direct
342 interactions of the charged residues with PE (which favor the IF state) defines the
343 energy barrier of this conformational transition, thus setting up the optimal transport
344 rate.

345 It is interesting to note that the residues forming the cytoplasmic networks
346 observed on XylE are also present on the mammalian homologs GLUTs1-5¹⁰, which
347 function as uniporters. Comparison of the crystal structures of GLUT3⁵⁴ and
348 GLUT5⁵⁵ (captured in outward-open and outward-occluded conformations
349 respectively) with the outward-occluded conformation of XylE indicate that they
350 share an identical structural arrangement (**Supplementary Fig. 2**). Mutations in the
351 corresponding charge networks of GLUT1 have been associated with Glucose
352 Deficiency Syndrome⁵⁶. These findings underline the importance of these networks
353 even in transporters that are not proton-coupled and support our hypothesis that
354 other molecular mechanisms, such as direct lipid-protein interactions, play a role in
355 the conformational regulation underpinning function.

356 However, the conservation of these networks in transporters from different
357 species does not coincide with conservation of the lipid bilayer composition. While
358 PE lipids are the main component of the inner bacterial membrane of *E.coli*, their
359 distribution is very diverse in other forms of life. In mammals, the chemical diversity
360 of membrane lipids is much more complex and PE-based phospholipids are a minor
361 species in most mammalian membranes⁵⁷. It is possible that other types of protein-
362 lipid interactions play a similar role as conformational regulators. For example, a
363 recent study has shown the requirement of anionic phospholipids for the activity of
364 GLUT 3 and 4 and demonstrated that this functional regulation happens through
365 direct lipid-protein interactions⁵⁸. Another secondary transporter, the dopamine
366 neurotransmitter DAT is sensitive to the presence of the lipid PIP₂ and MD
367 simulations suggest that this functional regulation occurs through direct lipid-protein
368 interactions²⁰. We speculate that conformational regulation by specific lipid-protein
369 interactions is a widespread mechanism followed by many other transporters.

370 Our approach that combines MD simulations with HDX-MS in tuneable
371 nanodiscs provides an important new window into the relationship between structural
372 and sequence conservation of transporters and membrane diversity across different
373 animal kingdoms. This work widens our understanding of the molecular mechanisms
374 governing transporter dynamics and provides a framework to study similar systems,
375 such as the clinically relevant SLC transporters⁵⁹.

376

377 **Methods**

378 **Materials**

379 Lipids were purchased from Avanti Polar Lipids Inc and detergents from
380 Anatrace. Unless otherwise stated, all other chemicals were purchased from Sigma
381 Aldrich.

382 **Design and construction of the mutants**

383 The mutations were introduced in the C-terminally histidine-tagged proteins by
384 site-directed mutagenesis using a QuikChange Lightning kit (Stratagene). Primers
385 are listed in **Supplementary Table 1**. After transformation, plasmid DNA was
386 extracted using Qiaprep miniprep kit and verified by sequencing (Genewiz UK). The
387 plasmid containing the desired mutation was transformed in *E.coli* BL21-AI cells
388 (Invitrogen) for overexpression.

389 **Protein expression and purification**

390 LacY, GlpT and Xyle were overexpressed in *E. coli* BL21-AI (Invitrogen) and
391 purified using the same protocol as previously described ¹⁴ with the following
392 modifications. Briefly, BL21-AI cells were transformed with the *lacy*, *xyle* or *glpt* gene
393 – with or without the chosen mutations - cloned in the kanamycin-resistant pET28
394 plasmid (Novagen) with a C-terminal 10-histidine tag, grown in LB media at 37C 250
395 rpm to an OD₆₀₀ of 0.8. Expression was induced with 1 mM IPTG and 0.1% (w/v)
396 arabinose and growth continued until saturation. The cells were harvested, passed
397 through a microfluidiser (Constant Systems) and the membranes isolated by
398 centrifugation for 30 mins at 100,000 × g. Membrane proteins were solubilised for 2
399 hours in 50 mM sodium phosphate, 100 mM NaCl, 10% (v/v) glycerol, 20 mM
400 imidazole, 2 mM B-mercaptoethanol, pH 7.4 with 2% (w/v) β-DDM (Anatrace). In the

401 case of GlpT, sodium phosphate was replaced in all buffers by 50 mM Tris-HCl to
402 avoid phosphate binding. Solubilized protein was bound to a 1mL Histrap column
403 (GE Healthcare) and washed with buffer containing 75 mM imidazole and 0.05%
404 (w/v) β -DDM. Purified protein was eluted with 500 mM imidazole and exchanged into
405 a final buffer of 50 mM sodium phosphate for XylE and LacY, or 50mM Tris-HCl for
406 GlpT, 100 mM NaCl, 10% (v/v) glycerol, 1 mM B-mercaptoethanol, 0.02% β -DDM pH
407 7.4 by gel filtration chromatography. The samples were either flash-frozen and kept
408 at -80C until use or concentrated on Amicon 50K concentrators and used directly for
409 HDX-MS experiments. It is worth noting that the mutant GlpT E153Q was designed
410 based on sequence conservation but was not kept for further analysis because of the
411 poor stability and aggregation.

412 **MSP1E3D1 production and purification**

413 Membrane scaffold protein (MSP1D1E3) was expressed and purified as
414 previously described ¹⁹, with the following modifications. Briefly, *E. coli* BL21(DE3)
415 (New England Biolabs) cells containing the MSP1D1E3 gene in pET-28a(+) were
416 plated on LB-agar plates supplemented with kanamycin (30 $\mu\text{g mL}^{-1}$). A single
417 colony was used to inoculate 30 mL of LB supplemented with 30 $\mu\text{g mL}^{-1}$ of
418 kanamycin. A dense overnight culture of 30 mL was used to inoculate a secondary
419 culture in 1 L Terrific broth supplemented with 30 $\mu\text{g mL}^{-1}$ kanamycin. Cultures were
420 grown at 37 °C with shaking to an OD₆₀₀ of ~2.2–2.5, and then expression of
421 MSP1D1E3 was induced by addition of 1 mM IPTG. Cultures were further grown for
422 4 h at 37 °C, and cells were harvested by centrifugation. Cell pellets were
423 resuspended in 30 mL of lysis buffer (20 mM sodium phosphate, 1% Triton X-100,
424 pH 7.4), including one-third of a Complete EDTA-free protease-inhibitor-cocktail
425 tablet (Pierce), 10 $\mu\text{g mL}^{-1}$ Benzonase I, and were lysed by 2 passes at 15,000 psi in

426 a high-pressure homogenizer. The lysate was centrifuged at 30,000g for 30 min, and
427 the supernatant was mixed with 3 mL of Ni-NTA resin equilibrated with lysis buffer.
428 The slurry was transferred to a column, and the flow-through was discarded. The
429 resin was washed with four bed volumes of buffer A (40 mM Tris-HCl and 0.3 M
430 NaCl, pH 8.0) containing 1% Triton X-100, four bed volumes of buffer A containing
431 50 mM sodium cholate, four bed volumes of buffer A containing 20 mM imidazole
432 and four bed volumes of buffer A containing 50 mM imidazole. The bound protein
433 was eluted stepwise with buffer A containing 300 mM imidazole. The eluted
434 MSP1D1E3 was passed over a desalting column into MSP buffer (50 mM Tris-HCl,
435 0.1 M NaCl and 0.5 mM EDTA, pH 7.5), and the concentration was determined on
436 the basis of the absorbance at 280 nm (extinction coefficient = $29,910 \text{ M}^{-1} \text{ cm}^{-1}$).
437 The protein was concentrated to $\sim 15 \text{ mg mL}^{-1}$ on a 10 K MWCO concentrator
438 (Amicon). The purity was assessed by SDS-PAGE and Coomassie staining. The 6-
439 his tag was removed by overnight incubation at 4°C with TEV protease (80 µg of TEV
440 to cleave 1 mg of MSP). The non his-tagged MSP were collected by reverse IMAC,
441 and concentrated again to $\sim 15 \text{ mg mL}^{-1}$

442 **Lipid preparation for nanodiscs**

443 Lipids DOPE, DOPE(Me)₁, DOPC, DOPG, 18:1 CL dissolved in chloroform
444 (Avanti Polar Lipids) were combined in a 7:2:1 ratio to reach a final quantity of 100
445 mg, dried under nitrogen flow and then desiccated overnight under vacuum. The lipid
446 films were hydrated with MSP buffer to reach a final concentration of 40 mg mL^{-1} . β-
447 DDM was added to the mixture to a final concentration of 7.5% (w/v). The lipids were
448 further homogenized by 4 cycles of freeze-thawing, divided into 100 µL aliquots and
449 stored at -80 °C. The choice of the chain length was motivated by the low T_m

450 temperature of dioleoyl chains, which facilitates the reconstitution of the membrane
451 proteins at 4 °C.

452 **Reconstitution of MFS transporters into nanodiscs**

453 For reconstitution into nanodiscs, Xyle WT or mutants in β -DDM micelles
454 were mixed with the appropriate DOPE or DOPC-based lipid mixture, MSP1D1E3
455 and β -DDM in the following molar ratios: lipid/MSP1D1E3, 60:1; MSP1D1E3/Xyle,
456 8:1; and β -DDM/lipid, 3:1. Samples were rocked at room temperature for 30 min then
457 incubated overnight at 4 °C with rocking. Biobeads SM-2 (700 mg mL⁻¹) (Bio-Rad)
458 were added to the mixture and incubated for 2 h at 4 °C, then 1h at RT. The removal
459 of the Biobeads was achieved by low-speed centrifugation of the nanodisc assembly
460 in tubes that had been perforated with a needle to form a tiny hole. Full nanodiscs
461 were separated from empty ones on Ni-NTA high affinity beads (500 μ L of beads for
462 1 mg of reconstituted Xyle), eluted with nanodiscs purification buffer (sodium
463 phosphate 50 mM, 100 mM NaCl, 10% glycerol) supplemented with 300mM
464 imidazole. The full discs were further purified by size-exclusion chromatography on a
465 Superdex200 column (GE) using nanodiscs purification buffer, then were
466 concentrated to 100 μ L final volume with Amicon Ultra-50K centrifugal filter units at a
467 speed not exceeding 2,000g. Full nanodiscs were then characterized with SDS-
468 PAGE to assess reconstitution and DLS to ensure homogenous size of the
469 nanodiscs. All DLS measurements were carried out on a Zetasizer Nano ZS
470 (Malvern).

471 **Hydrogen deuterium exchange mass spectrometry**

472 Hydrogen deuterium exchange mass spectrometry (HDX-MS) experiments
473 were performed on a Synapt G2Si HDMS coupled to an Acquity UPLC M-Class

474 system with HDX and automation (Waters Corporation, Manchester UK). Membrane
475 proteins samples in detergent micelles (see next section for nanodiscs samples)
476 were prepared at a concentration of 25 to 70 μ M using Vivaspin concentrators with a
477 50,000 MWCO cutoff. Isotope labelling was initiated by diluting 5 μ L of each protein
478 sample into 95 μ L of buffer L (10 mM potassium phosphate in D₂O pD 6.6). The
479 protein was incubated for 30 s, 5 min and 30 min to capture short, medium and long
480 exchange times and then quenched in ice cold buffer Q (100 mM potassium
481 phosphate, brought to pH 2.3 with formic acid) before being digested online with a
482 Waters Enzymate BEH pepsin column at 20 °C. The same procedure was used for
483 undeuterated controls, with the labelling buffer being replaced by buffer E (10 mM
484 potassium phosphate in H₂O pH 7.0). The peptides were trapped on a Waters BEH
485 C18 VanGuard pre-column for 3 minutes at a flow rate of 200 μ L / min in buffer A
486 (0.1 % formic acid ~ pH 2.5) before being applied to a Waters BEH C-18 analytical
487 column. Peptides were eluted with a linear gradient of buffer B (8-40% gradient of
488 0.1 % formic acid in acetonitrile) at a flowrate of 40 μ L / min. All trapping and
489 chromatography was performed at 0.5 °C to minimize back exchange. The
490 electrospray ionization source was operated in the positive ion mode and ion mobility
491 was enabled for the instrument. MS^E data were acquired with a 20 to 30 V trap
492 collision energy ramp for high-energy acquisition of product ions. Leucine Enkephalin
493 (LeuEnk - Sigma) was used as a lock mass for mass accuracy correction and the
494 mass spectrometry was calibrated with sodium iodide. The on-line Enzymate pepsin
495 column was washed with pepsin wash (1.5 M Gu-HCl, 4 % MeOH, 0.8 % formic
496 acid) recommended by the manufacturer and a blank run using the pepsin wash was
497 performed between each sample to prevent significant peptide carry-over from the
498 pepsin column. Optimized peptide identification and peptide coverage for all samples

499 was performed from undeuterated controls (five replicates). All deuterium time points
500 were performed in triplicate.

501 **Data evaluation and statistical analysis**

502 Sequence identification was made from MS^E data from the undeuterated
503 samples using ProteinLynx Global Server 2.5.1 (PLGS Waters Corp. Manchester
504 UK). The output peptides were filtered using DynamX (v. 3.0) using the following
505 filtering parameters: minimum intensity of 1000, minimum and maximum peptide
506 sequence length of 5 and 25 respectively, minimum MS/MS products of 2, minimum
507 products per amino acid of 0.25, minimum score of 5, and a maximum MH⁺ error
508 threshold of 15 ppm. Additionally, all the spectra were visually examined and only
509 those with high signal to noise ratios were used for HDX-MS analysis. The amount of
510 relative deuterium uptake for each peptide was determined using DynamX (v. 3.0)
511 and are not corrected for back exchange since only relative differences were used
512 for analysis and interpretation and there was no benefit from normalizing the data⁶⁰.
513 The relative fractional uptake (RFU) was calculated from $RFU_a = [Y_{a,t}/(MaxUptake_a \times$
514 $D)]$, where Y is the deuterium uptake for peptide a at incubation time t , and D is the
515 percentage of deuterium in the present in the sample after mixing the protein with the
516 labeling solution. Confidence intervals for the summed Δ HDX over the three time
517 points were then determined according to Houde et al⁶¹. Specifically, the significance
518 of the summed difference was assessed by a t-test ($n = 3$; $P \leq 0.01$, two-sided,
519 unpaired) to evaluate the overall difference in uptake. All the peptides passing the
520 test were mapped on the 3D structure and topological map of the protein of interest,
521 using an in-house script which follows a binary color scheme in which any positive
522 Δ HDX (variable minus control) is red and any negative Δ HDX is blue. The code is
523 available on GitHub code repository (<https://github.com/andymlau/Deuterios>).

524 **Preparation of nanodiscs samples for HDX-MS**

525 We found that the nanodisc concentration was a critical parameter to obtain a
526 good sequence coverage and the HDX conditions were manually optimized for each
527 nanodiscs sample. Practically, the purified and concentrated nanodiscs were tested
528 for coverage by performing a reference only run on the mass spectrometer and the
529 coverage was immediately assed using PLGS. The protein was concentrated using
530 mini vivaspin concentrators (Amicon, cut-off 50K MWCO) until a coverage of more
531 than 85% was achieved. Then, the optimal sample scheme for HDX purposes was
532 as follows: 5 μ L of nanodiscs sample was diluted into 95 μ L of nanodiscs purification
533 buffer or with deuterated buffer nanodiscs purification buffer at 22 °C. The
534 deuterated samples were left for 5 min, 30 min and 150 min at 22 °C in a dry bath.
535 All samples were then quenched with 100 μ L of quench buffer (100 mM potassium
536 phosphate, brought to pH 2.4 with formic acid, 0.2% DDM) The sample was vortexed
537 for 3 s then placed immediately on ice for 1 minute. 10 μ L of ZrO₂ beads (300 mg/mL
538 equilibrated in quench buffer) was then added to remove lipids and the sample
539 vortexed for 3 s, placed on ice for 30 s, vortexed for a further 3 s, and then placed on
540 ice for a further 30 s. The samples were then filtered through pre-chilled 0.22 μ m
541 spin filtration devices (Corning Costar Spin-X) in a pre-chilled microcentrifuge at
542 1,000 x g for 30 s. Digested or undigested samples were then immediately flash
543 frozen in liquid nitrogen and stored at -80 °C before analysis. Samples were rapidly
544 defrosted and then injected into a Waters HDX nanoAcquity ultra-performance liquid
545 chromatography (UPLC) system (Waters) using a pre-chilled syringe, as described in
546 the previous section.

547 **Molecular Dynamics (MD) simulations set-up**

548 All the simulations were initiated from the IF-open state of Xyle (PDB
549 ID:4JA4)¹⁰. Missing loops and helices were modelled using superlooper⁶² using the
550 OF-open state of Xyle (4GBY as the template). Assignment of the protonation state
551 was done on the basis of pK_a calculations performed using PROPKA 3.1 at pH⁶³.
552 Accordingly, all the glutamate and aspartate except D27 were modelled in their
553 default (unprotonated) form. Using the membrane replacement method in CHARMM-
554 GUI⁶⁴, Xyle was embedded in lipid bilayers of two compositions (DOPE-DOPG-CL
555 (70:20:10) and DOPC-DOPG-CL (70:20:10)), closely mimicking the experimental
556 conditions. System was solvated with TIP3P water molecules⁶⁵. Thereafter, Na⁺ and
557 Cl⁻ ions were added and the system was neutralized with the ionic concentration set
558 to 100 mM. The final system inclusive of the protein, lipids, water molecules and ions
559 comprised of ~ 105 K atoms. Thereafter, the system was minimized for 5,000 steps
560 using conjugate gradient algorithm and simulated for 5 ns at 310 K, with all the
561 heavy atoms of the protein restrained to their crystallographic positions with a force
562 constant of $k = 5 \text{ kcal/mol/\AA}^2$. In the next step, the system was further simulated for 5
563 ns with harmonic restraints ($k = 5 \text{ kcal/mol/\AA}^2$) applied only to the parts of the protein
564 that was modelled using superlooper. Finally, all the restraints were removed and the
565 systems were simulated for 500 ns.

566 **MD simulation protocol**

567 The simulations were performed on with NAMD 2.12⁶⁶ utilizing CHARMM36
568 all-atom forcefields for proteins and lipids⁶⁷. NPT ensemble with periodic boundary
569 conditions was used for all simulations. Simulations were performed at 310 K using
570 Langevin dynamics⁶⁸ with a damping constant of 0.5 ps^{-1} . Pressure was maintained
571 at 1 atm using the Nosé-Hoover Langevin piston method⁶⁸. The cutoff used for the
572 short-range interactions were 12 Å with the switching applied at 10 Å. We used

573 particle mesh Ewald (PME) algorithm to calculate the long-range electrostatic
574 forces⁶⁹. Bonded, non-bonded, and PME calculations were performed at 2-, 2-, and
575 4-fs intervals, respectively.

576 **Data availability**

577 Data supporting the findings of this manuscript are available from the
578 corresponding author upon reasonable request. All the deuterium uptake plots and
579 uptake datasets of the experiments presented in this work are available on figshare
580 data repository. XylE data can be accessed using the following DOI
581 10.6084/m9.figshare.7072988. LacY data can be accessed using the following DOI
582 10.6084/m9.figshare.7073072. GlpT data can be accessed using the following DOI
583 10.6084/m9.figshare.7073003. Furthermore, the mass spectrometry proteomics data
584 have been deposited to the ProteomeXchange Consortium via the PRIDE⁷⁰ partner
585 repository with the dataset identifier PXD011060.

586

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744

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757

758 **Author Contributions**

759 C.M, P.J.B. and A.P. conceived the study and designed the experiments. C.M performed the
760 mutagenesis, expression, purification, and reconstitution experiments. C.M and A.B carried
761 out the HDX-MS experiments. M.S and E.T performed and analyzed the MD simulations.
762 C.M and A.M.L. analyzed the HDX-MS data. C.M. and E.R. optimized the HDX-MS protocol
763 for nanodiscs. C.M and A.P. wrote the paper with input from all authors.

764

765 **Competing Interests**

766 The authors declare no competing interests.

767

768

Figure Legends

Figure 1 HDX-MS reports on changes in the conformational equilibrium between IF and OF states

G to W mutants were used to highlight shifts in the conformational equilibrium. (a) Introduction of a tryptophan at the extracellular end of helix 2 sterically prevents closing. After deuteration, enzymatic digestion, and identification of the peptides by MS the mass uptake of the WT and mutants is compared. Peptides located on the intracellular side will be on average more deuterated than the peptides located on the extracellular side for the mutant (top graph) while the opposite pattern will be observed for the WT (bottom graph). (b) Differential deuterium uptake pattern (Δ HDX) mapped onto the 3D and topological structure of LacY (PDB: 2V8N), GlpT (PDB: 1PW4) and XylE (PDB: 4GBY). Red and blue colored regions indicate segments containing peptides with a positive Δ HDX (red – more deuteration) or negative Δ HDX (blue – less deuteration), respectively; white regions indicate that no significant Δ HDX is observed ($p \leq 0.01$), and grey indicates regions where peptides were not obtained for both the mutant and the WT conditions. The yellow star indicates the location of the point mutation. All measurements were performed in triplicates. The Δ HDX datasets are presented as Woods plots in supplementary Figs.12 and 13.

Figure 2 Conserved charge-relay networks control intracellular opening

Disruption of the networks by conservative mutations (D to N and E to Q) shifts the conformational equilibrium towards the IF state. (a) Two charge-relay networks of conserved residues stabilize the OF state of XylE. The N and C- lobes are colored blue and tan respectively. Close-up of networks 1 and 2 - highlighted in green and purple respectively - show the connection between the two lobes and highlight in red the mutated acidic residues. (b) Δ HDX between the mutants E153Q, E397Q and D337N vs WT mapped onto the 3D and topological structure of XylE. (c) Δ HDX of the mutants D68N, and E139Q vs WT mapped onto the 3D and topological structure of LacY. (d) Δ HDX of the mutants E374Q and D314N mapped onto the 3D and topological structure of GlpT. All measurements were performed in triplicates on two biological replicates. The Δ HDX datasets are presented as Woods plots in supplementary Figs.12 and 13.

Figure 3 Lipid-protein interactions regulate the conformational equilibrium

Δ HDX of XylE WT in PE vs PC nanodiscs shows that PE promotes the IF conformation (a) Optimized experimental procedure for HDX-MS of a transporter in nanodiscs of different lipid compositions. Following deuteration at specific time-points, the exchange reaction is quenched and the nanodiscs disassembled with detergent DDM. Lipids are removed by adsorption, before enzymatic digestion and peptides identification by MS. The mass uptake of the protein in both lipid environments is then compared. (b) Δ HDX of WT XylE in DOPE-PG-CL nanodiscs (native-like) minus DOPC-PG-CL (control) nanodiscs mapped on the PDB structure and the topological representation (c) Representative deuterium uptake plots for peptide 28-38, (d) 70-88, (e) 108-122, (f) 430-434 in DOPC-PG-CL nanodiscs (green) and DOPE-PG-CL nanodiscs (black). Standard deviations for each time point are plotted as error bars ($n=3$). All measurements were performed in triplicates.

Figure 4 MD simulations reveal that PE – protein interactions perturb the charge-relay networks

MD simulations predict specific interactions between the PE headgroup and charged residues of networks 1 and 2 in XylE (a) Simulation box. Representative snapshot of XylE (PDB: 4JA4) embedded in an explicit lipid bilayer

810 and water box with 100 mM NaCl. Lipid molecules are shown in line representation coloured in silver,
811 phosphorus atom of the head group represented by orange spheres. Yellow and green spheres represent Na⁺
812 and Cl⁻ ions respectively. (b) Representative snapshot of the close-up of network 1 interacting with the PE
813 headgroup of the phospholipid. Polar interactions with R84 and E153 prevent network formation and steric
814 hindrance prevents contacts of the TM2 and TM11. (c) Location of the phosphorus atoms of the PE/PC lipid
815 molecule in two 500 ns trajectories in PE:PG:CL bilayers (left) and PC:PG:CL bilayers (right). The spheres are
816 colour coded: red at t=0 ns and blue at t = 500 ns. In both simulations 1 and 2, PE lipids wedge between the
817 helices (more so in simulation 1), but no lipid-protein interaction is observed in PC bilayers. In simulation 1, direct
818 interactions with residues R84, E153 and R404 of network 1 are observed.

819

820 **Figure 5 Closing of the intracellular side of XylE in PC:PG:CL bilayers**

821 MD simulations predict different conformational changes of XylE in PC vs PE bilayers (a) Representative
822 snapshots at the beginning (t=0 ns) and end of the simulation (t=500 ns) show a closing of the intracellular side in
823 PC nanodisc (left) compared to PE nanodisc (right). (b) Time trace showing the intracellular gate distance over
824 simulation time. PC simulation sets are coloured orange and red, while the PE simulation sets are coloured green
825 and blue. The inset on the right depicts the normalized distribution of the intracellular gate distance for the last
826 200 ns of the trajectory. (c) Snapshot describing the definition of the intracellular gates in XylE. The intracellular
827 gating distance is defined as the centre of mass (COM) distance between the two groups of C_α-C_α residues:
828 group1 residues (75-80 149-154 160-16) and group2 residues (332-337 391-397 404-410).

829

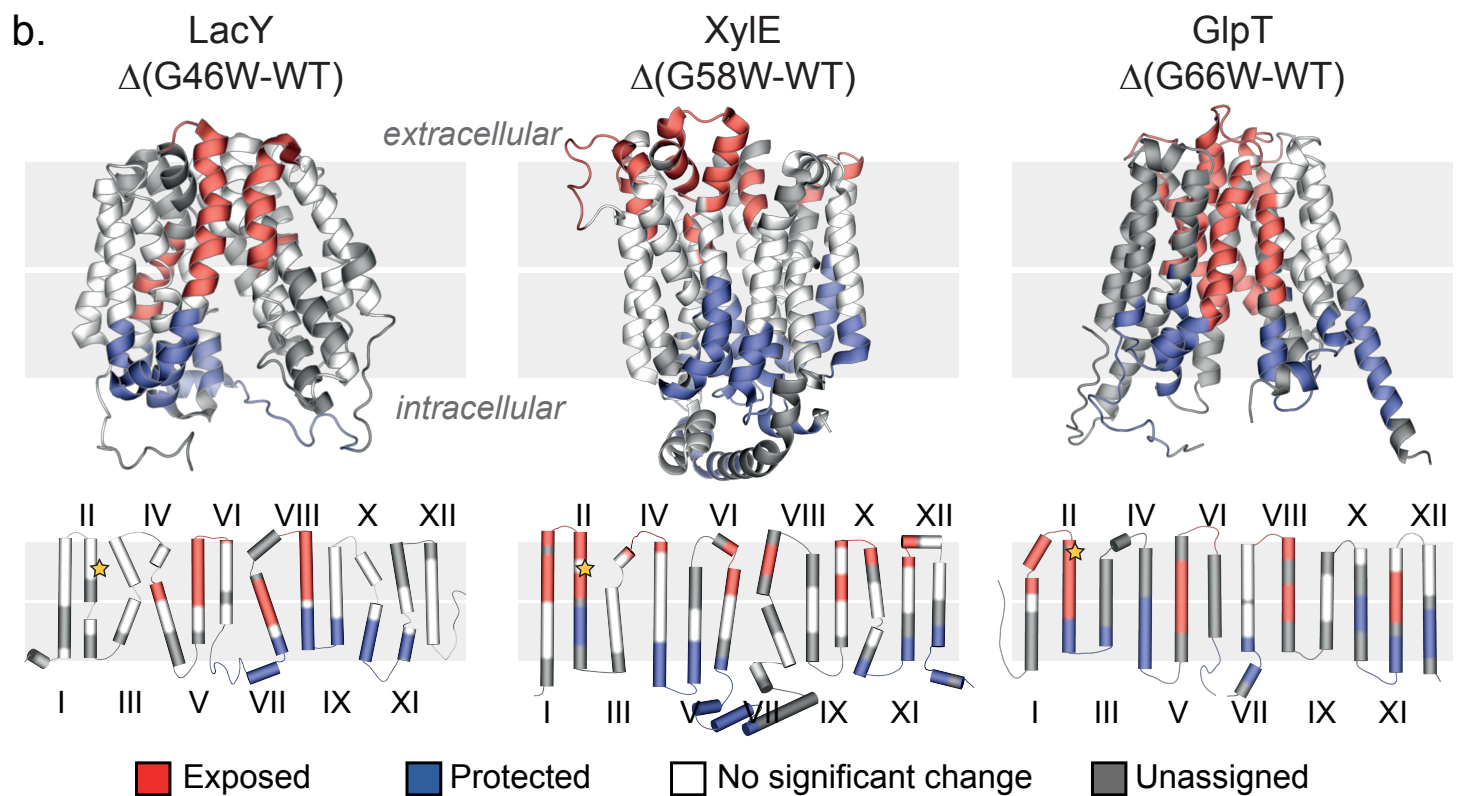
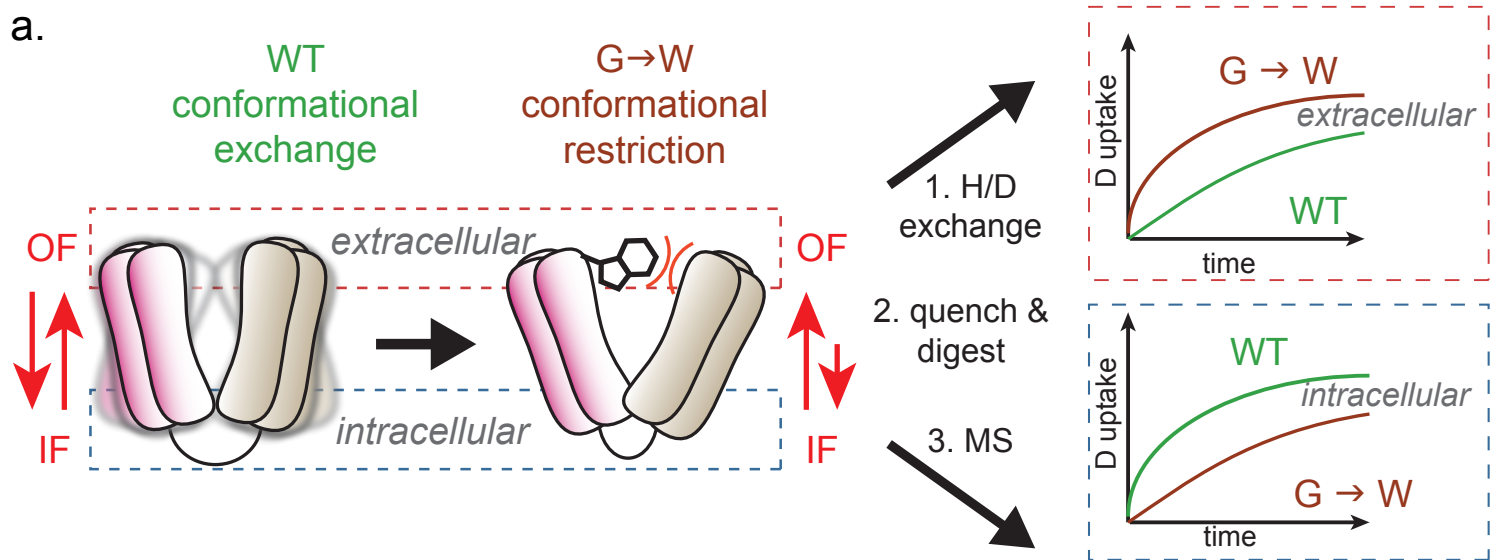
830 **Figure 6 Disruption of conserved charge networks abolishes or decreases lipid-induced conformational** 831 **shift**

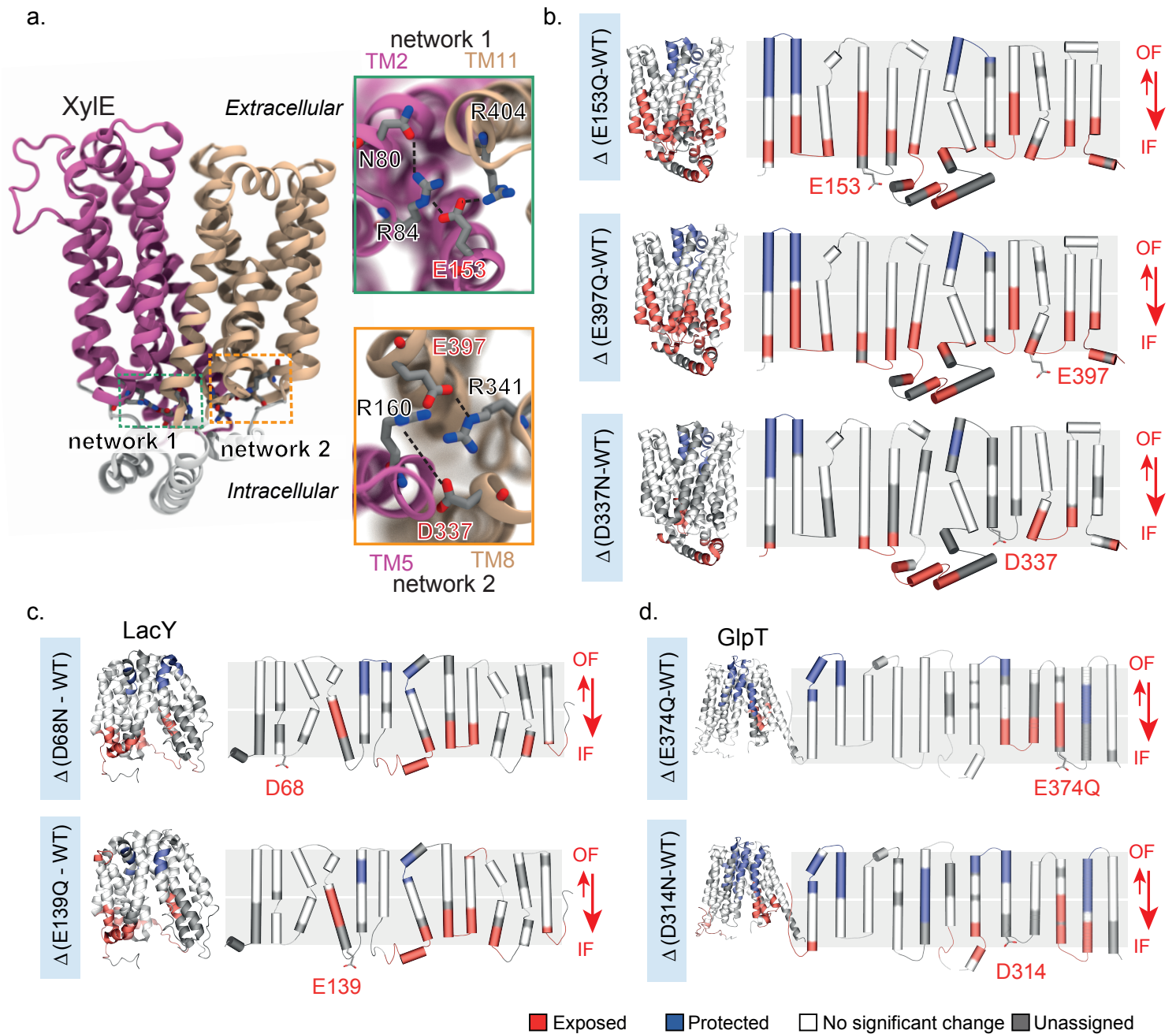
832 ΔHDX of XylE in PE:PG:CL nanodiscs (native-like) minus PC:PG:CL (control) nanodiscs mapped on the PDB
833 structure and the topological representation of XylE for (a) XylE E153Q and (b) XylE E397Q. All measurements
834 were performed in triplicates.

835

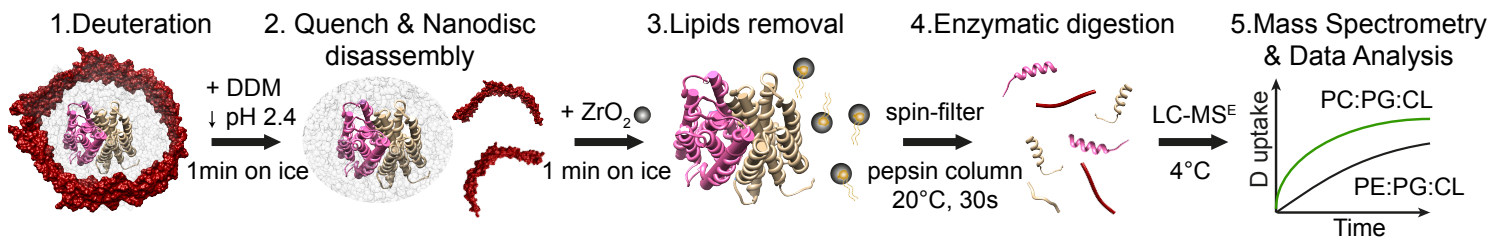
836 **Figure 7 A lipid-mediated mechanism of transport**

837 Model of secondary transport based on the interaction between charge-relay networks of XylE and PE
838 phospholipid (i) Substrate (orange) binds from the extracellular side and stabilizes the OF conformation. (ii)
839 Proton binding triggers closure of the extracellular side. (iii) The fully loaded transporter transitions towards an
840 occluded conformational intermediate. Proton translocates through the transporter to the conserved charge relay
841 networks (pink) on the intracellular side (iv) Disruption of the charge networks opens the intracellular side.
842 Spontaneous deprotonation upon exposure to the slightly basic cytosol leads to intracellular proton release. (v)
843 Direct interactions between PE and the transporter stabilize the inward-facing conformation, thus facilitating
844 substrate release and completing the transport cycle. Reformation of the cytoplasmic charge relay networks
845 leads to the subsequent conformational switch. (vi) is equivalent to (i).

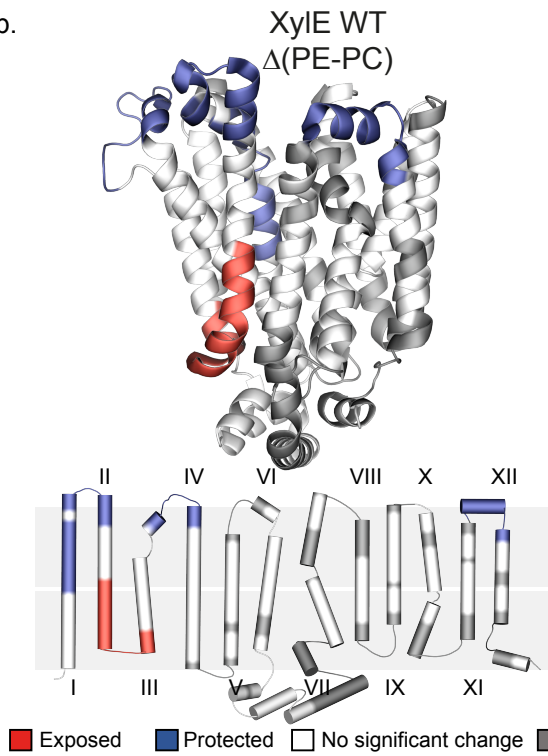




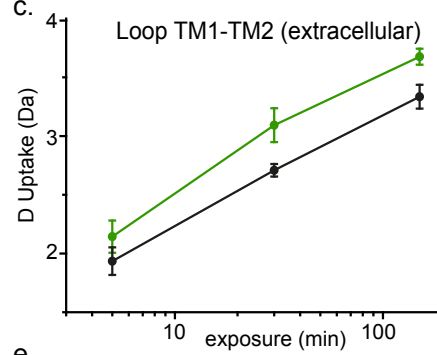
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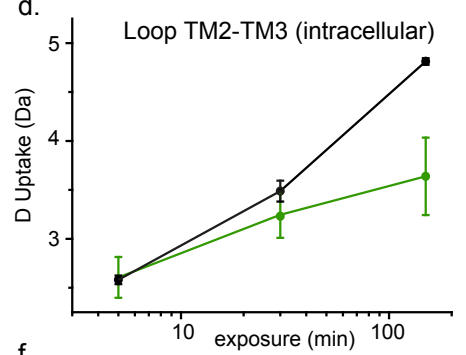
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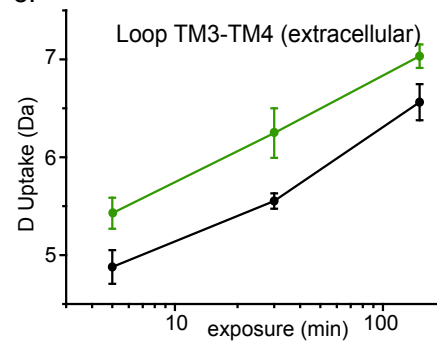
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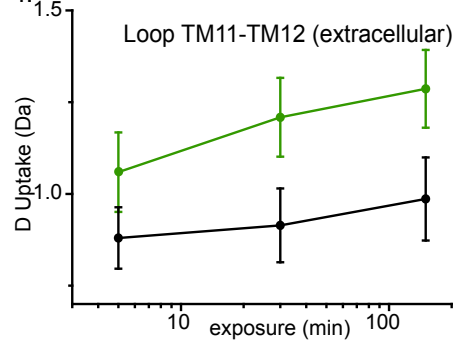
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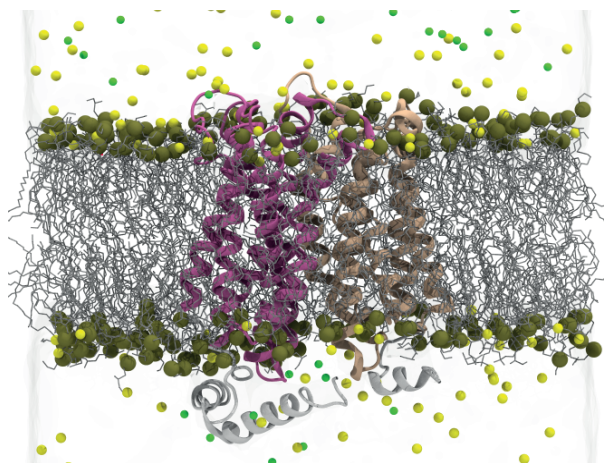
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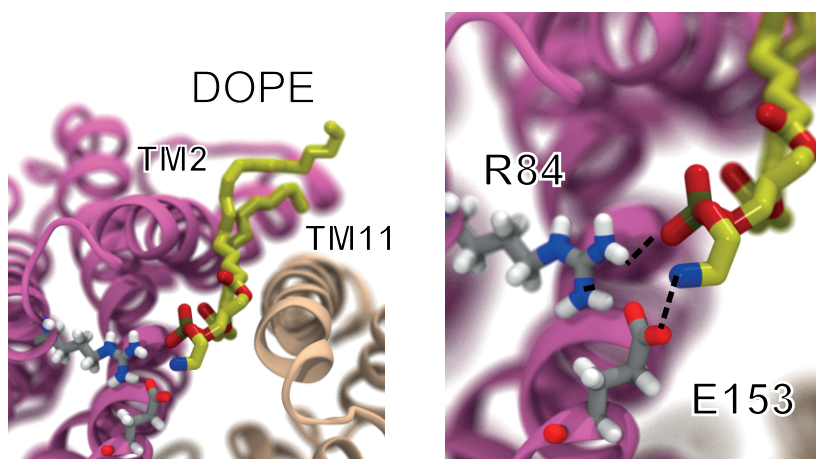
■ PC-PG-CL

■ PE-PG-CL

a.



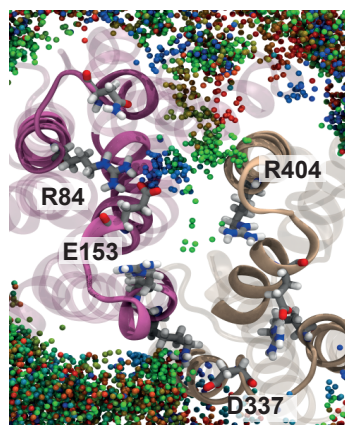
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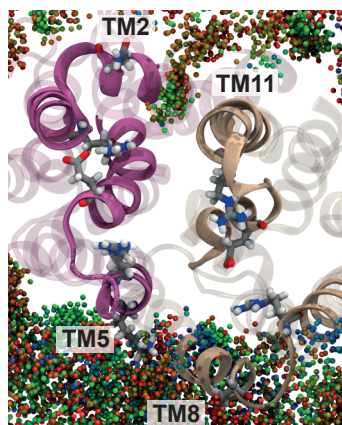
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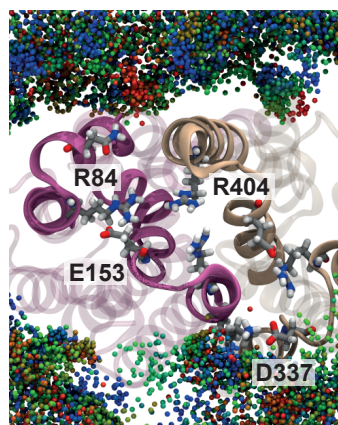
PC-PG-CL



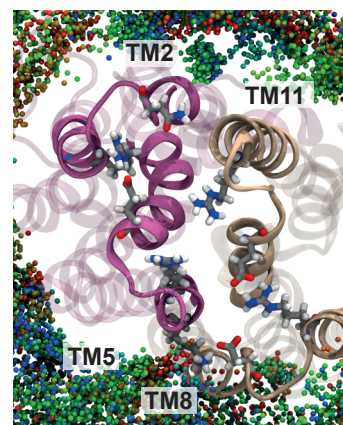
simulation 1



simulation 2

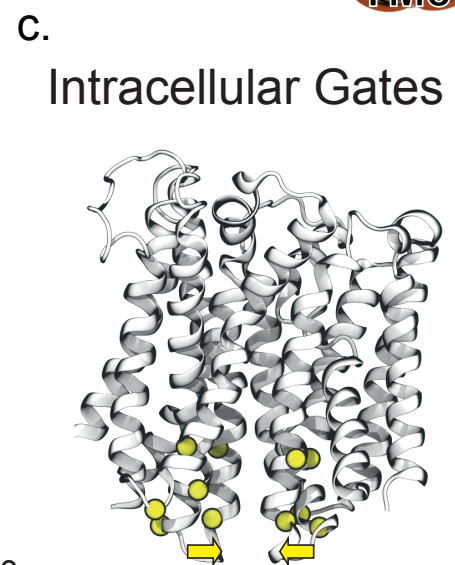
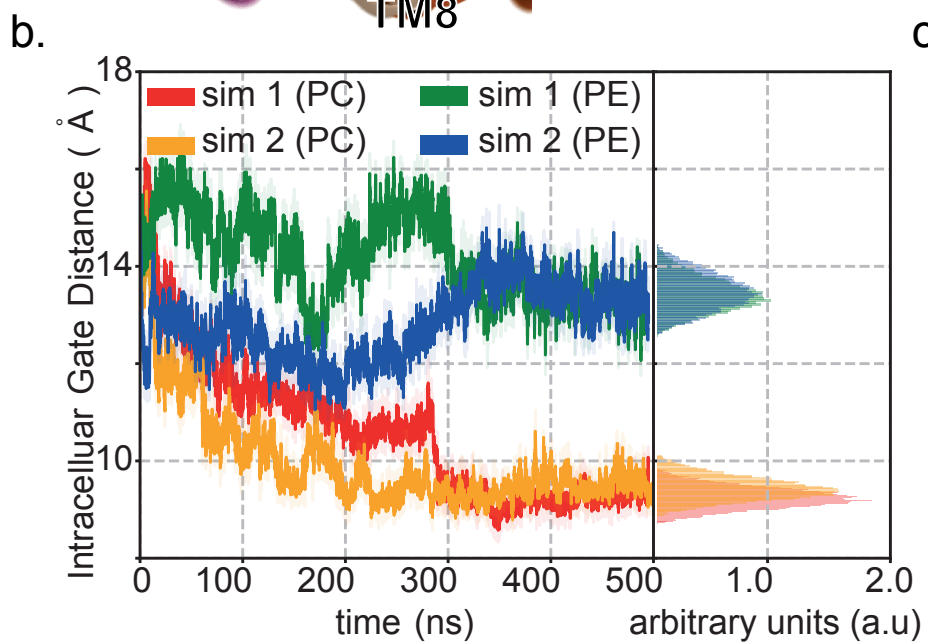
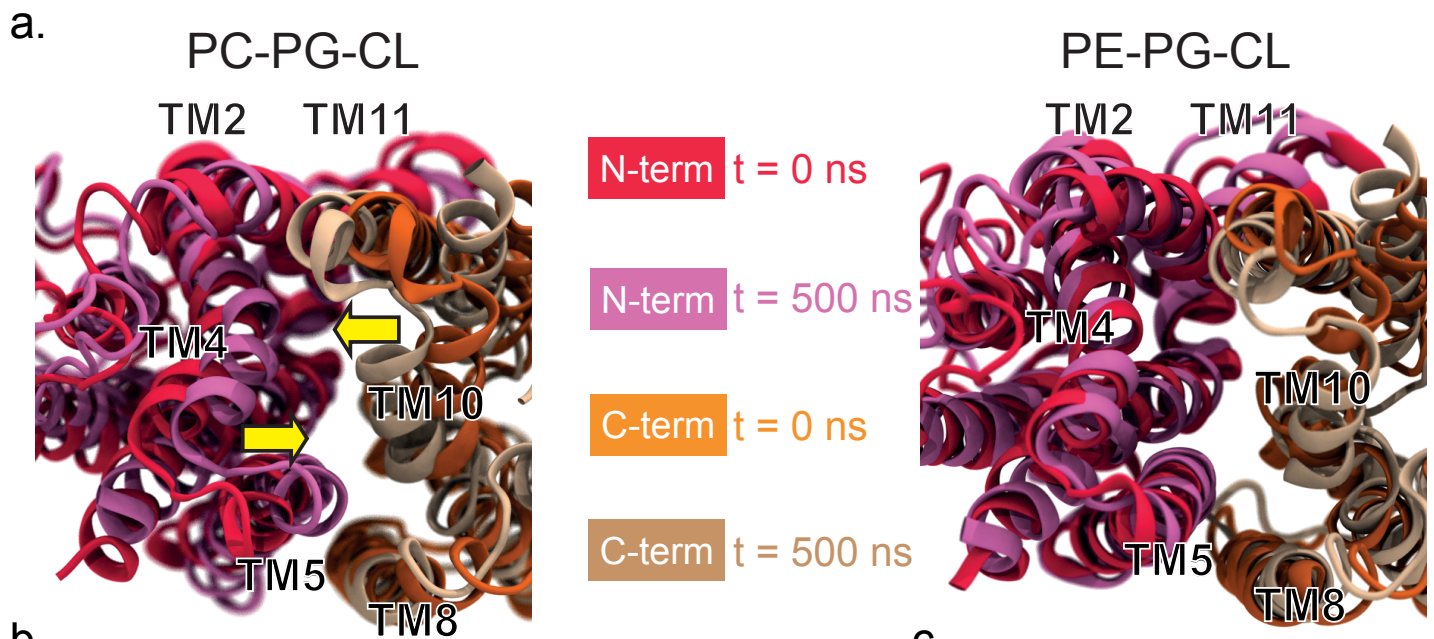


simulation 1



simulation 2

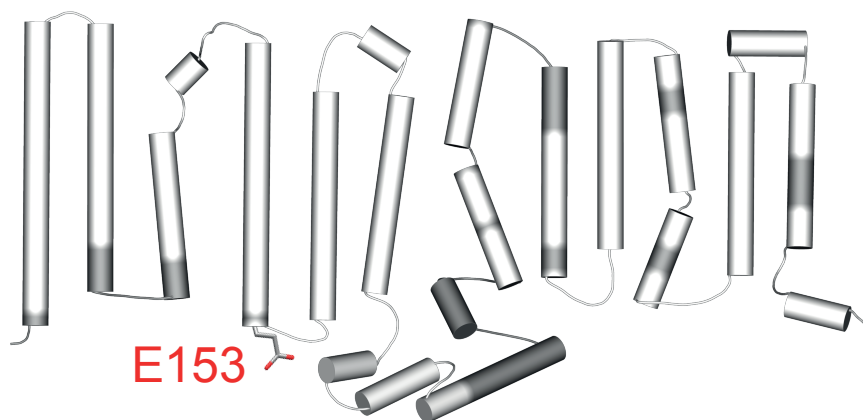
0 ns  500 ns



a.

XyIE E153Q

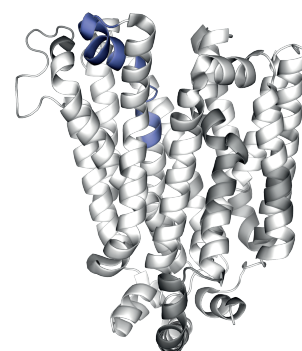
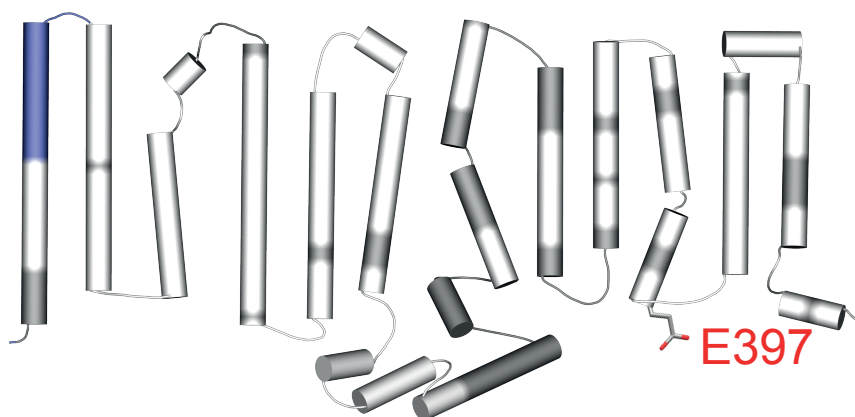
Δ PE-PC



b.

XyIE E397Q

Δ PE-PC



Protected
 No significant change
 Unassigned

